

SPECIALS (SP) BELOW ARE NOW AVAILABLE
without the purchase of a signature, senior, or allergen-free box!

SP-1: ASSORTED MEAT GRILL BOX - \$22

- 1.5 lb. T-Bone Steaks (2 x 12 oz.)
- 1.5 lb. Bacon-Wrapped Hamburger Steaks (4 x 6 oz.)
- 2 lb. Pork Chops (4 x 8 oz.)
- 1 lb. Mild Italian Sausage with Cheese

SP-2: STEAK COMBO - \$21

- 2.5 lb. Ribeye Steaks (4 x 10 oz.)
- 2 lb. Sirloin Strip Steaks (4 x 8 oz.)

SP-3: IQF UNBREADED POULTRY BOX - \$20

- 3 lbs. Split IQF Tyson Cornish Hens
- 2.5 lb. IQF Split Chicken Breast
- 2.5 lb. IQF Chicken Thigh Quarters
- 2 lb. IQF Chicken Tenders (Unbreaded)

SP-4: HOLIDAY MEAT AND CHEESE SPECIAL - \$18

- 3 9 oz. Sausage Variety
(1 beef summer sausage, 1 beef salami, 1 summer sausage)
- 3 7 oz. Wisconsin Cheese Bars
(1 Cheddar, 1 Swiss and 1 Smokey)

SP-5: FRESH FRUIT & VEGGIE BOX - \$22

- 3 lb. Sweet Potatoes
- 4 Lemons
- 4 Lg Baking Potatoes
- 6 Lg Oranges
- 3 lb. bag Yellow Onions
- 4 Lg Grapefruit
- 1 hd Green Cabbage
- 1 Lg Mango
- 1 lb. Carrots
- 1 Lg Haas Avocado
- 1 stalk Celery
- 1 lb. Kiwi Fruit

SP-6: ASSORTED HOLIDAY FRUIT SPECIAL - \$26

- 5 Ruby Red Grapefruit
- 12 Navel Oranges
- 5 Tangerines
- 5 Rome Apples
- 4 Golden Delicious Apples
- 4 Red Delicious Apples
- 4 Granny Smith Apples
- 4 Gala Apples
- 4 Red Anjou Pears
- 6 Sun Kist Fruit Gem Candies

SIGNATURE BOX: \$30

- 2 lb. New York Strip Steaks (4 x 8 oz.)
- 1.5 lb. Boneless Pork Roast
- 1 lb. Chicken Breast Fajita Strips
- 1 lb. Lean Ground Beef
- 1.5 lb. All White Meat Chicken Tenders
- 1 lb. Bake or Fry Fish Sticks (32 count)
- 1 lb. Hickory Smoked Center Cut Ham
- 1 lb. Frozen Baby Lima Beans
- 1 lb. Frozen Green Beans
- 2 lb. French Fries
- 2 lb. bag Fresh Apples
- 10 ct. Flour Tortillas
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

ALLERGEN-FREE BOX: \$23

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Formed Tenders
- 2 lbs. Breaded Chicken Drumsticks
- 1 lb. Breaded Cube Steak

SENIOR BOX: \$28 NO ADDED SALT, LOW-FAT

Individual fully-cooked meals nutritionally balanced for seniors. Contains 3oz. protein, 1 starch, 2 veggies or fruit. NO AGE LIMIT - Anyone can purchase!

- | | |
|----------------------------|---------------------|
| Roasted Chicken | New Dessert Items! |
| Swedish Meatballs | Assorted Cookies |
| Meatloaf & Gravy | Pineapple Fruit Cup |
| Sliced Turkey & Dressing | Strawberry |
| Chicken & Broccoli Alfredo | Applesauce |
| Chili with Beef & Beans | Mixed Fruit Cup |
| Boneless Pork Patty | Apple Juice |
| Chicken Parmesan | Cranberry Juice |
| Macaroni & Beef | |
| Chicken & Noodles | |



A HAND-UP NOT A HAND-OUT

\$65 worth of quality nutritious food for \$30!

Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing food for individuals and families at a reasonable price.

THE FOOD: Each month's menu is different and consists of fresh, frozen, and packaged food. Food is purchased from the nation's top suppliers at substantial volume discounts. There is no purchase limit for boxes of Angel Food. AFM does not use out-of-date food or inferior products. *Menu on back!*

SPECIALITY BOXES are offered each month. This bonus program affords participants additional food choices at a great value. There is no purchase limit for speciality boxes or bonus foods.

WHAT'S THE CATCH? No catch! There are no pre-qualifications or financial restrictions to order. Angel Food is open to EVERYONE! Large families, single adults, small families – anyone who wants to make their hard earned dollar go further. With rising prices everywhere you look, isn't it nice to know that there is still quality food at a reasonable price that everyone can afford?

Have you ordered yet?

SAVE WITH ONLINE ORDERS!

Online orders only: Go to www.retailmenot.com Search for Angel Food Ministries to retrieve coupon code. When placing your order online, insert coupon code to save money!



DECEMBER 2009

angelfood
MINISTRIES

MENU ON BACK

DISTRIBUTION DAY PICK-UP

8:30-10AM, SATURDAY 12/12/09

- Bring receipt, photo id, and box (i.e. laundry basket, cooler, etc.) to carry your food.
- AFM reserves the right to substitute any of the menu items due to availability, cost, and/or quality.
- Any food not picked up by 10am will be donated. Keep your receipt for a tax deductible donation.
- Pick-up times are in effect if the truck is on schedule. Please understand that everyone must adjust if there is a delay. Tune into WTLR or FROGGY 98 on distribution day for any change.

PERSONAL CHECKS

are accepted! However to protect us from having to pay for food boxes ordered with **checks returned due to insufficient funds**, we stand by the following:

1. The church will contact you for the money needed to cover the cost of what was ordered.
2. The money due will need to be paid before the food is received.
3. Future orders will be limited to cash, money orders, cashier's checks, or EBT (food stamps). No personal checks will be accepted from that point on.

FOOD STAMPS (EBT)

are accepted; designed to help low-income families buy the food they need for good nutrition. If using food stamps (EBT), orders must be placed in person.

Order deadline dates changing in Jan. 2010!

UPCOMING ORDER & DISTRIBUTION DATES

MONTH	IN-HOUSE ORDERS	FINAL ORDER DUE	DISTRIBUTION DATE
DECEMBER 2009	WED. 12/2, 5:30-7PM & SAT. 12/5, 9:30-11AM	MON. 12/7 BY 3PM	SAT. 12/12, 8:30-10AM
JANUARY 2010	SAT. 1/9, 9:30-11AM & WED. 1/13, 5:30-7PM	WED. 1/13 BY 7PM (WEB & MAIL)	SAT. 1/23, 8:30-10AM
FEBRUARY 2010	WED. 2/10, 5:30-7PM & SAT. 2/13, 9:30-11AM	MON. 2/15, WEB NOON; MAIL 3PM	SAT. 2/20, 8:30-10AM

4 Options TO PLACE AN ORDER

ORDERS & PAYMENT DUE BY 3PM, MON. 12/7/09*
*EXCEPTION = ONLINE ORDERING

- 1 ONLINE** www.calvarysc.org/angelfood
\$2 convenience fee for online ordering.
ORDER DEADLINE = NOON, MON. 12/7
For credit/debit cards only.
- 2 IN PERSON**
Required when using food stamps (EBT).
 - Calvary Baptist Church
1250 University Drive, State College - 16801
• Wed. 12/2/09 5:30-7pm
• Sat. 12/5/09 9:30-11am
 - Calvary's Office Center
1100 E. Boal Ave., Boalsburg - 16827
• M-F, 9am-3pm
- 3 BY MAIL**
Complete form on right. We assume no responsibility for mail delays. MAIL TO:
Angel Food Ministries
Calvary Baptist Church
P.O. Box 775
Boalsburg, PA 16827
- 4 DROP-OFF**
Complete form on right.
 - Drop at 1250 University Drive location:
-in upstairs' lobby drop box, if door is unlocked.
-in black mailbox outside, if door is locked.
 - Drop at Calvary's Office Center (see above for address and office hours).

Q's? 814.238.0822 (ext. 38)
www.calvarysc.org/angelfood
angelfood@calvarysc.org

AFM ORDER - DECEMBER 2009

Please complete and return form (below), payment, and a **self-addressed stamped envelope (S.A.S.E.)** so we can return a receipt to you. Checks/ money orders payable to Calvary Baptist Church with AFM in memo. Food stamp orders must be placed in person – see note on left.

Name _____

Address _____

City _____

State _____ ZIP _____

Phone _____

Cell Ph. _____

Email _____

Ordered before? Yes No

How did you hear about AFM? _____

QTY		SUB-TOTAL
_____	Signtr. Box(es) @ \$30ea.	_____
_____	Allergen-Free @ \$23ea.	_____
_____	Sr. Box(es) @ \$28ea.	_____
_____	Special #1 @ \$22ea.	_____
_____	Special #2 @ \$21ea.	_____
_____	Special #3 @ \$20ea.	_____
_____	Special #4 @ \$18ea.	_____
_____	Special #5 @ \$22ea.	_____
_____	Special #6 @ \$26ea.	_____

TOTAL _____

In my absence, this person can pick up my order:

Name:

Phone:

